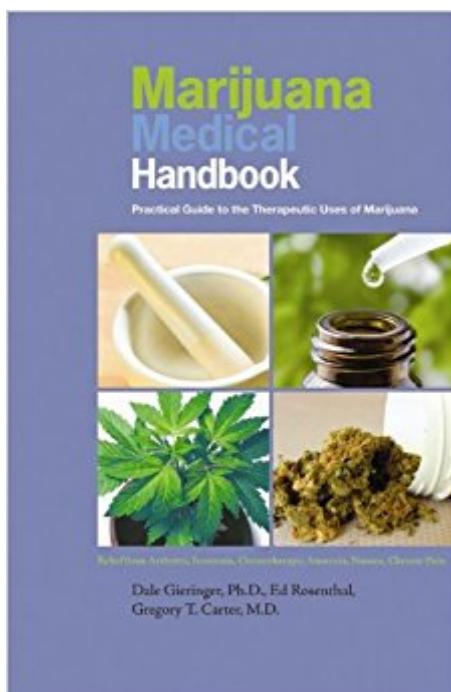


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# Marijuana Medical Handbook: Practical Guide To Therapeutic Uses Of Marijuana



## **Synopsis**

An estimated 40 million Americans have medical symptoms that marijuana can relieve. Marijuana Medical Handbook is a one-stop resource that gives candid, objective advice on using marijuana for healing, understanding its effects on the body, safe administration, targeting illnesses, side effects, and the various delivery methods from edibles and tinctures to smokeless vaporizer pipes. The book also details supply issues, cultivation solutions (in a chapter by renowned expert Ed Rosenthal), and legal consequences. This thoroughly revised edition incorporates the most up-to-date information on the ever-changing politics of marijuana, the plant's usage, and medical research on it.

## **Book Information**

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## **Customer Reviews**

I recommend this film for scholastic purposes. It's perfect for Advocates , Students, Educators for Higher Learning and for those that seriouslywant to submit a Petition to their "Elected Government Officials" regarding :Drug Reform , and Legalization of Medical Cannabis and 420 for their State !

Overall this is a very good book with a wide variety of information written in a consumer-friendly format. It is an overview so don't expect scientifically hard data from clinical studies. The only warning I have is to beware of any claims about indications for treating specific diseases. There are a lot of sentences that say marijuana "may" do this or "is being researched for" that or "has been reported to help" the other thing. So take any claims of efficacy with a grain of salt. There are discussions on how it is used as medicine, with some solid basic information on THC extraction methods into foodstuffs (butter, oil, etc). Anyone who is contemplating the use of marijuana as medicine for pain, nausea, etc. would appreciate this book.

I bought this book in hopes of beginning to understand the medical evidence and uses behind medical marijuana. As a person with MS, several slipped discs in neck and back and Fibromyalgia, I deal with a ton of pain that is chronic in nature. I've been on stuff as strong as methadone and did not receive the same type of pain relief as I do with Cannabis. It's amazing without making you crazy. I never would have believed Cannabis had medical relevance ... now after reading and experiencing it firsthand, I know it is true. This book will highlight the medical benefits and setbacks (mainly the smoke) of Marijuana as well as the legislation and legality of it. It will outline the different ways to ingest and each method's benefits. Laws are changing all of the time and although this book has some updates in the back and lists an awesome website, perhaps a new edition would be very welcomed. Informative, enlightening and very useful. 5 stars!

Pot makes me paranoid and worsens my depression and anxiety, some of this is due to it being illegal where I live but some is due to mental illness. These days there are so many very positive claims (many of them may prove to be true) for Cannabis that sometimes the harms seem to be banished to the background and anyone issuing warnings is a real party pooper and square as. For many people despite the very positive claims for cannabis, it can cause a lot of strife and lead to sad and catastrophic outcomes. However that is not to deny that many people find it a god send for treating a wide variety of illnesses and also just as a way of chilling out and relaxing. If I could use a little daily I feel I would be o.k. But as I work in a very high tech industry I really can not afford to even be hung over at work at all. So for me cannabis might be at best just a Friday and maybe Saturday night thing. Even with this low usage (no smoking in the day) I find it very hard and depressing when I stop. This book strikes a pretty good balance between praise for the social and medical benefits of cannabis while still presenting the potential pitfalls. It has been a great insight for me and I have found it hard to put down as I find cannabis a herb or drug that polarises me greatly. I

both love it and fear it. It is the transition from stoned ness back to 'normal' that I find difficult. This book does not just run off with constant praise, it pulls you back at times with good advise and helps you learn that cannabis definitely requires respect. It also teaches you so much about the preparation and methods of using it...Great Reading

very informative and helpful as I try to treat my condition with cannabis medicine. The reprint index pages do not always agree with where the actual article is, but I manage to find what I need.

This is an excellent quick easy read for folks to get an overview of current knowledge about risks and benefits and indications of medical marijuana. With new state laws in place legalizing use for medical purposes, and now in Washington and Colorado for recreational use, hopefully more medical professionals will educate themselves and this is a good place to start. I downgraded by 1 star because, I did not see (1) explicit warnings that is still technically illegal by federal law, and should only be consumed behind closed doors, should be kept under lock & key if not in personal possession. (2) IMHO, not enough warning about the extent of teenagers entering chemical dependency treatment primarily for marijuana use and (3) inadequate mention of currently available testing of strains for CBD and THC levels. Other than that, there's a lot of up to date useful information here. And I am unaware of anything better now in print.

It's hard to find solid information about medical marijuana. It would be so nice if you could just go to the pharmacy and get the exact doseage you needed. But since you can't yet, you need to educate yourself as best you can. I found a lot of very useful information in this book.

I guess I must be looking for the Holy Grail of Med Can books, and this one isn't quite there. It is a very good book, has tons of very factual and useful info, and is a good reference book, but I want more. I have been a Med Can user for nearly a year now and I have to say I need more information. I know it's difficult to gather information on a product that has been outlawed from use and more importantly reasearch for 40+ years, but still, I am expecting more than was presented. Excellent for newbies, but I can't give it 5 stars because I just like it, not love it.

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